

The League for People with Disabilities is committed to offering individuals the opportunity to gain independence, increase self-sufficiency and to improve the quality of life. This mission guides our actions and decision making.

September Newsletter

Direct Support Professionals Are Our Heroes!

Direct Support Professionals Recognition Week is September 13-19, 2020



The League is excited to celebrate **Direct Support Professionals Recognition Week**, and take the opportunity to honor all of the Direct Support Professionals (DSPs), especially those who are a part of the team at The League.

A DSP is someone who works directly with individuals who have significant disabilities whether they be physical, intellectual or developmental, and helps them become more integrated and engaged in their community. At The League, 70% of our workforce are DSPs, supporting individuals through our various programs.

Is there a DSP that you know of who has impacted your life, or supported a loved one? Email us at ttrinh@leagueforpeople.org and share your story. We will then follow up with you to ask more, and possibly feature your story on our social media outlets during Direct Support Professionals Recognition Week!



We're excited to announce that we've joined MOVE Maryland!

#MOVEmaryland is a virtual day of wellness to MOVE Maryland's nonprofits forward. Please consider registering to

WHAT: MOVE Maryland is a series of high energy, exciting and inspiring virtual fitness classes (such as spin, barre, tae bo, & family bootcamp) that will get participants moving. Participants will sign on to raise a minimum of \$200 for The

join The League's team! If you are unable to participate, you can also make a donation to our team.

[CLICK HERE](#) to view The League's team page, where you can sign up and/or donate to help us reach our goal of \$10,000!

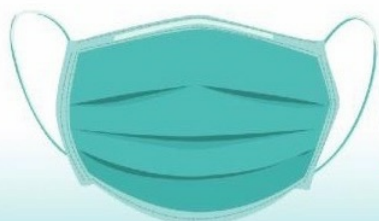
League!

WHEN: Saturday, November 7, 2020 from 9 AM – 1 PM

WHERE: Participants who have met their \$200 fundraising minimum will receive a unique access code to view the fitness classes.

You can learn more at movemaryland.org, or contact Lauren Yankolonis at lyankolonis@leagueforpeople.org or 410-323-0500 x308.

COVID-19 Program Updates



LATEST INFORMATION ABOUT OUR PROGRAMS AND SERVICES

COVID-19 UPDATE

WHAT WE ARE DOING TO KEEP YOU SAFE

As The League continues to navigate the COVID-19 pandemic, we will continue to keep you informed and updated on the status of our programs and services.

We recently launched a designated section on our website to address "[COVID-19 Updates from The League](#)", where you can view information on all of our programs.

Still have questions? Please email us at info@leagueforpeople.org.

Virtual CLUB1111 - Join Us as a Volunteer

The League has been hosting our popular CLUB1111 on the second Saturday of each month from 6PM - 8PM virtually. We are pleased to share we have had over 100 attendees join us, but we want more and we need your help!



Many of our guests are currently at home, and are not able to go out and socially interact with others due to the COVID-19 pandemic. We invite you to join us, so our guests can see you smiling, dancing and just having a good time. Here is how you can participate:

- Dance with us! Setup your webcam so guests can see your great moves!
- Make conversation! Chat with our guests in the Zoom chat, as an opportunity for them to socialize.
- Make signs to hold up during the club with words of encouragement and positivity.
- Get festive! Dress in fun hats and accessories, and make fun backgrounds in your space or virtually.
- Help us promote CLUB1111 on social media. Here is a link to our [Facebook Page](#) and [Instagram](#).

Our next CLUB1111 is Saturday, September 12th from 6PM - 8PM. You can join us through this [Zoom Link](#). Questions, or want more information? Please reach out to Nick Miles at nmiles@leagueforpeople.org.

Thank you for your ongoing support of CLUB1111, **Maryland's first and only adult nightclub for people with disabilities!** We hope to see you there!

A Final Note from Our President & CEO

Dear Friends of The League,

The League is grateful to be able to continue offering our services through the COVID-19 pandemic, and I hope you take the time to read more about the current status of our programs.

I wanted to take this opportunity to remind you that The League's Wellness Center is OPEN! The Emmert Hobbs Fitness Center is an exercise facility for people of all levels of ability, providing members access to state-of-the-art fitness equipment. The Malcolm Hecht Therapeutic Pool provides a warm-water environment that facilitates exercise and rehabilitation in a fully accessible pool.

Groups have started to use our pool again, and [memberships](#) are available. I invite you to safely visit our facility, and explore membership opportunities. Our Wellness Center staff are working hard to make sure we are taking all necessary precautions to keep our staff and members safe and you can read more about that [here](#).

Finally, I would like to wish all of the parents, teachers and students well as we launch a new school year, whether it be in person or virtual.

Stay safe and be well!



David A. Greenberg
President & CEO



Your gift to The League's Annual Fund allows The League to continue providing important services in our community. Donations can be made online through the button below:

[DONATE NOW](#)

You can also mail a check made payable to "The League for People with Disabilities" to:
The League, c/o Annual Fund
1111 E. Cold Spring Lane
Baltimore, MD 21239

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For more information, you can visit our website at www.leagueforpeople.org, and follow us on our Facebook page; "The League for People with Disabilities".

